# Week 1

# Tce Breaker

(in groups of 2 or 3 for larger groups)

What was the first computer you had? What did you do with it?

How old were you when you first got on social media (Facebook, Instagram, YouTube, TikTok, LinkedIn? How many hours per week do you spend on social media?

# Talk About it!

### Part 1

#### Read Romans 12:1-2 and talk about it:

- 1. Share about a way in which you've felt "conformed" to the pattern of this world.
- 2. What drew you into that, and how did it affect your thoughts, habits, or sense of identity?
- 3. How do you see algorithms and AI adding to that problem?

# Part 2

#### Read Romans 12:2 and talk about it:

- 1. Talk about a way in which God has been helping you renew your mind or transform your thinking recently.
- 2. How has that shift in mindset helped you better align with His will?

## Part 3

#### Read Matthew 4:4 and talk about it:

- 1. What are some practical ways you currently feed your mind and spirit with God's Word?
- 2. Where do you need to make changes so you're "living on every word" instead of just bread, or 'content?'

#### Part 4

#### Read 2 Corinthians 3:18 and talk about it:

- 1. Share about a moment when you experienced God's presence so fully that you walked away changed.
- 2. What helped you encounter Him in that way?
- 3. What shift do you need to make to do that more?



# Part 5

#### Read Acts 3:19-20 and talk about it:

- 1. Talk about a time when repentance brought you freedom or refreshing from the Lord.
- 2. What actions did you take to turn away from a thought pattern or behavior?

# Part 6

### Read Colossians 2:8 and talk about it:

- 1. How have you fallen into patterns of cognitive passivity? That is, how have you become passive in your thinking?
- 2. What can you do to enhance and elevate your own critical and analytical thinking skills?

# Part 7

#### Read Proverbs 27:17 and talk about it:

- 1. Who in your life has sharpened you the most spiritually?
- 2. How can you be intentional this week to invite more sharpening relationships into your walk with Jesus?

#### Read Romans 12:2 (NLT) and talk about it:

- 1. If renewing your mind means "changing the way you think," what is one thought pattern you need to surrender to God right now?
- 2. What step will you take to start thinking differently in that area?

