

## Ice Breaker

(in groups of 2 or 3 for larger groups)

1. Share about your plans for the 4th of July! Or share a family tradition or fun memory regarding the 4th of July.
2. Share about a time when someone unexpectedly entered your life and ended up becoming a meaningful friend or influence. What were the circumstances, and how did that relationship shape you?

## Talk About it!

### Part 1

#### Read Philippians 2:19–23 and discuss:

Paul says of Timothy, “I have no one else like him.” Who in your life has shown you that kind of genuine care and selfless spiritual investment?

### Part 2

#### Read Philippians 2:21 and discuss:

1. In what ways does self-centeredness creep into your own life or relationships?
2. How can you make a radical, Spirit-led shift toward caring more about what matters to Jesus?

### Part 3

#### Read Philippians 2:25–27 and discuss:

Epaphroditus is described as a true brother, co-worker, and fellow soldier. Which of those three descriptive words do you most relate to right now, and which one do you feel God might be calling you to grow into? Why?

### Part 4

#### Read Philippians 2:28–29 and discuss:

1. Who are some of the people who are part of the Body of Christ or our church who are ‘saints sent by God to strengthen you’, that you may have taken for granted?
2. How can you intentionally show them love, joy, and honor this week? Hint: Think of people that could be easily overlooked.
3. Paul, Timothy, and Epaphroditus each had a Kingdom mindset and a willingness to serve beyond their own comfort. Share a time when you felt called to serve someone sacrificially.
4. What happened, and how did God use that?

## Part 5

### Re-read Philippians 2:20–21 and discuss:

1. Where do you sense God calling you to become more like Timothy or Epaphroditus, someone others can count on for genuine care and Kingdom focus?
2. What's one intentional step you could take this week to be a "strength-bringer" to someone in your life?
3. Where in your life are you in need of God's strength right now, and who might He be sending to help you? How can you receive that help, and how can you offer it to others?

## Group Prayer Time

- Pray for the heart of Jesus to be evident in you and through you as you care about the things He cares about
- Pray for strength in your community and for God to give you eyes to see those He has placed in your path with intentionality
- Pray for a clean heart to love and care for others well