



# FILLED TO FLOW

## Leader Guide, Week 4 | Kingdom Clandestine Communications—Tongues

### I. Objective: You're filled to flow in the language of the Spirit!

In this fourth session, you will understand all that is “tongues,” and how to move toward engagement in this gift. As a leader, set the tone with a spirit of expectancy—*pray over the group, guide the conversation with scripture, and create a safe space* for honest discussion. Because of the mysterious nature of tongues, this topic is one that many Christians struggle with. Keep it engaging by asking thoughtful questions, sharing testimonies, and making room for *real, authentic dialogue*. Don't feel like you need to know all of the answers, but help people move past hesitation by leading with grace—not pressure. Most importantly, keep the focus on *deeper intimacy with the Holy Spirit*—this is about connection, not just a gift. Celebrate each step forward and trust that God is moving!

**Leave space towards the end of your time together to worship, pray, and allow for a moment of activation in Tongues 1 & 3.**

### Group Activation 1 - Tongues 3

*Step 1: Prepare Your Heart* – Spend time in worship, thanking God for who He is. The more your heart is aligned with Him, the easier it is to flow in the Spirit. Surrender your thoughts and allow the Holy Spirit to move freely—in your tongue, mind, and heart.

*Step 2: Invite the Holy Spirit* – Pray over the group and ask the Holy Spirit to move.

*Step 3: Pray* – If there are people in the group that have the gift and speaks in tongues, have them lay hands on those that desire it. Jesus promised that the Father gives the Holy Spirit to those who ask (Luke 11:9-13).

"Father, I desire the gift of tongues. Fill me with Your Holy Spirit and release this gift in me. I receive it by faith, in Jesus' name."

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## **Group Activation 1 - Tongues 1**

*Step 1: Prepare Your Heart* – Spend time in worship, thanking God for who He is. The more your heart is aligned with Him, the easier it is to flow in the Spirit. Surrender your thoughts and allow the Holy Spirit to move freely—in your tongue, mind, and heart.

*Step 2: Speak* – Allow one person to speak a message in tongues. Let it be brief but allow the Spirit to move through you.

*Step 3: Interpret* – Allow someone in the group to boldly say, “I believe the Lord is saying...” to provide interpretation to the tongue. This is a learning and activating moment. The way to refine the gifts is to practice them!

*Step 4: Discern* – Ask the one that gave the message if it resonated with their Spirit on what the meaning was. Allow others in the group to provide discernment as well. Allow grace to flow and make it a safe place to fail within your group.

*Step 5: Pray* – Thank God for trusting you with His gifts and pray that He can continue to refine them in you!

## **II. Checklist**

*What should you do before, during, and after group time?*

### **Before**

- Prepare your heart and review materials beforehand
- Set up the room (chairs, food, worship music, lighting, etc.)

### **During**

- Confirm group roles for the next week (host, location, etc)
- Pray and lean into a time of activation, seeking an encounter with the Holy Spirit!

### **After**

- Send communication to the group regarding next week's meeting
- Submit group attendance

## Resources

### Care Team

Our Care Ministry Team provides a personal and physical connection between a member of our Care Team and individuals and families in the community at large. Whether through emotions, relationship issues, or physical or financial trauma, we all sometimes need the support of others to help get us through the tough times. If someone from your group is in need of support through our Care Team, have them fill out this form on the website: <https://mycenterpoint.tv/CareRequest>

### Freedom Prayer

Freedom Prayer will help you to find freedom and inner healing at the deepest levels. If you have struggled with deep wounds, spiritual darkness, distortions about God, or other internal hang-ups that are holding you back, Freedom Prayer may be just what you need! If you are interested in receiving deep-level healing prayer through our Freedom Prayer team, please fill out the application form and you'll be on your way to freedom! <https://mycenterpoint.tv/Ministry/freedomprayer>

### Good Samaritan Fund

Are you or someone you know in the midst of a financial crisis? The Centerpoint Good Sam Fund can help by stepping in to pay a bill, providing gift cards for groceries, etc. Our level of support includes only essentials such as food, some basic household goods, or referred services. Good Sam requests are processed on a first-come, first-served basis. Simply fill out the form and you will be contacted as soon as possible. <https://mycenterpoint.tv/CareRequest> (Select "Benevolence/Charity" under area of support requested)



Freedom Prayer



Care & Good Sam