

*Ice Breaker* (in groups of 2 or 3 for larger groups)

What's a small, simple thing that never fails to make your day better?

*Talk About it!*

## Part 1 – I Remember My Blessings

**Read Philippians 2:1 and discuss:**

1. Paul lists four spiritual realities we have in Christ: encouragement, comfort, fellowship, and compassion. Which of these has meant the most to you lately—and why?
2. How might forgetting your blessings affect your attitude toward others in your church, family, or community?
3. Think about your current attitude toward people in your life. Would you say your presence is adding to unity and joy—or is there something God is nudging you to adjust?

## Part 2 – I Reactivate Love by Going Low

**Read Philippians 2:2–4 and discuss:**

1. Paul calls us to unity, humility, and love. Which of these three comes easiest to you, and which is most challenging right now?
2. Humility means thinking rightly about ourselves—not too high or too low. What does healthy humility look like in your current relationships?
3. Which of these pride symptoms do you personally relate to most: needing to be right, struggling with correction, self-focus, or difficulty serving others joyfully?
4. Paul says to "take an interest in others, too." What's one practical way you can "go low" this week and serve someone else out of love?

## Part 3 – I Refocus on Jesus

**Read Philippians 2:5–11 and discuss:**

1. What would change in your home, workplace, or life if you adopted more of Jesus' mindset?
2. Jesus gave up his divine privileges to lift you up. What's something you're holding tightly to that God may be asking you to release or lay down?
3. Reflecting on the humility and obedience of Jesus, what stands out to you most—and how does it shape your next step of faith?

## **Group Prayer Time**

- Thank God for the blessings you have in your life—big and small!
- Pray for greater unity in the body of Christ
- Pray for the Lord to show you truths about yourself and ask Him to reveal ways that you need to walk in more humility

## **Upcoming: Serve Day THIS Saturday!**

Sign up to serve with your group on June 21st! All ages welcome. Scan the QR code to register together and for all the other details.

