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# INTRODUCTION

In a world that often feels draining, it's easy to forget that we have access to a powerful, life-giving resource that never runs dry—the river of the Holy Spirit. God's desire is for us to live in the fullness of the Spirit, experiencing His presence and power in every area of our lives. You were made to be filled with the Spirit, not just for your benefit, but so that His power can flow through you as an expression of your faith.

This series is designed to help you understand more about who the Holy Spirit is, the gifts He offers, and how you can walk in His power. Together, as a group, we'll explore how to be filled to flow—growing deeper in our relationship with God and in our relationships with each other, as we live out God's vision for our lives with boldness and purpose.

# Making the Most of Your Time Together

Over these 7 weeks of your group getting together, you will watch a 5-10 minute video teaching and use the questions in the Talk About It section as a guide for group discussion. By engaging in God's word and teachings on it, we are bound to experience transformation, but we also experience healthy change through relationships with others. The friendship and insights of those in your group will enrich your small group experience. To help make the most of your time together, here are some guidelines to keep in mind for a healthy group discussion:

**Be Involved** – Jump in and share your thoughts. Your ideas are important, and you have a perspective that is unique and can benefit the other group members.

**Be A Good Listener** – Value what others are sharing. Seek to really understand the perspective of others in your group and don't be afraid to ask follow-up questions.

**Be Courteous** – People hold strong opinions about the greatest needs in our world. Your God-given passions may vary greatly from someone else's, and that's okay. We were not all designed in the same way or meant to accomplish the same things. Spirited discussion is great. Disrespect and attack are not. When there is disagreement, focus on the issue and never allow the discussion to turn into a personal attack. Make unity a priority and make it a point to table conversations that are doing the opposite.

**Be Focused** – Stay on topic. Help the group explore the subject at hand, and try to save unrelated questions or stories for afterward.

**Be Careful Not To Dominate** – Be aware of the amount of talking you are doing in proportion to the rest of the group, and make space for others to speak.

**Be A Learner** – Stay sensitive to what God might want to teach you through each lesson, as well as through what others have to say. Focus more on your own growth rather than making a point or winning an argument.

**Be Confidential** – Your group is meant to be a safe space to share openly and be vulnerable. What is shared in the group is considered confidential and should not be shared outside of the group without clear permission from the person who shared it.

**Be A Supporter** – Make it a practice to listen without always intending to respond. Some people just need to be heard. We aim to not interrupt what God is saying and partner with the move of the Spirit the best we can. We do this by asking, "Do you just need to be heard, or do you want advice?"

# How to Use This Guide

**This guide is designed to help you engage with God’s Word both personally and in community. Each week’s study is broken down into three major sections—Take It In, Talk About It, and Take It Home—to guide you through a meaningful and impactful experience.**

## **Weekly Scriptures**

Each week, we provide the scriptures for your Bible study reflection and group engagement. These are for your convenience, but don’t forget to bring your Bible and engage directly with God’s Word. The goal is to not just read, but to truly connect with what God is saying to you.

## **Take It In | Bible Study Reflection**

This section is where you’ll engage with the scriptures on a personal level. Set aside time for reflection as you read and meditate on the verses. Ask yourself questions like: What is God saying to me through these verses? How does this passage relate to my life right now? What is God inviting me to understand or change? Consider using a journal to capture insights, questions, and anything that stands out during your personal reflection time. This is your chance to listen to God one-on-one.

## **Talk About It | Group Engagement**

This section has scriptures and questions to prompt conversation. Feel free to read through these questions ahead of time as you prepare for your group meeting, but don't feel the need to answer every question during the discussion. Allow these questions to serve as a foundation for good conversation around the week's topic. Before we dive into the discussion, there will be a video teaching for each week of this study. You can also use this section to jot down key points and take notes! If you hear something that resonates with you, whether in the video or something that another group member shared, use this space to write it down.

## **Talk About It | Prayer Time**

In each group session, be sure to make time for prayer! In the prayer times, approach it with a popcorn style rather than a programmed style. That is, each person considers both the list of prayer prompts and the awareness of what is going on with others in the group and prays as led, one at a time, for each other. If group prayer is new to you, try this: when other people are praying out loud, and you agree with the sentences they are saying, speak up while they are praying and say things like "Yes, Lord!" "Amen!" or "Thank you, Lord." Giving voice to agreement in prayer together is a blessing, and it is to be encouraged!

## **Take It Home | Reflection Continued**

Group discussions are valuable, but personal time with God is irreplaceable. This section is for continued reflection after your group meeting. Use this time during your quiet time with God to further process the week's topic. The reflection questions are designed to deepen your understanding and draw you closer to the Lord. Don't feel the pressure to answer every question—rather, allow each one to prompt meaningful reflection and journaling that strengthens your personal walk with God.

## **Final Encouragement:**

As you work through this guide each week, remember that the goal is not just information, but transformation. Take time to let God speak to you through His Word, engage with others in authentic community, and respond to the Holy Spirit in prayer. Growing as a disciple and together in community is a powerful journey, and this guide is here to help you take that next step.

# HELLO HOLY SPIRIT!

## *You're filled to flow with the fullness of the Spirit!*

In this session, you will learn the personality and work of the Holy Spirit from a Biblical foundation. You will discover the various ways we may experience the Holy Spirit. You'll be invited to embrace the goodness of the Spirit of God in total fullness!

## Weekly Scriptures

### **John 16:7-8 NLT**

"But in fact, it is best for you that I go away, because if I don't, the Advocate won't come. If I do go away, then I will send him to you. And when he comes, he will convict the world of its sin, and of God's righteousness, and of the coming judgment."

### **John 16:13-14 NLT**

"When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future. He will bring me glory by telling you whatever he receives from me."

### **John 3:5-8 NIV**

"Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit gives birth to spirit. You should not be surprised at my saying, 'You must be born again.' The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit."

### **John 20:21-23**

"Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you." And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven."

### **Acts 1:8 NLT**

"But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth."

### **Luke 3:16 NLT**

"I baptize you with water; but someone is coming soon who is greater than I am—so much greater that I'm not even worthy to be his slave and untie the straps of his sandals. He will baptize you with the Holy Spirit and with fire."











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# JESUS IS THE MODEL

## ***You're filled to flow in supernatural engagement!***

In this session, you'll discover that supernatural ministry in the power of the Spirit is modeled by Jesus; the Kingdom of God is what you're made for. He modeled supernatural engagement as a way of life. He's the model of what it means to be filled to flow. We're following Jesus in Supernatural engagement.

## **Weekly Scriptures**

**Read John 7:37-39 from your own Bible**

### **Luke 3:21-23 NLT**

“One day when the crowds were being baptized, Jesus himself was baptized. As he was praying, the heavens opened, and the Holy Spirit, in bodily form, descended on him like a dove. And a voice from heaven said, “You are my dearly loved Son, and you bring me great joy.”

### **Luke 4:18-21 NLT**

“The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free and that the time of the Lord's favor has come.” He rolled up the scroll, handed it back to the attendant, and sat down. All eyes in the synagogue looked at him intently. Then he began to speak to them. “The Scripture you've just heard has been fulfilled this very day!”

### **John 5:19-20a NLT**

Jesus explained, “I tell you the truth, the Son can do nothing by himself. He does

only what he sees the Father doing. Whatever the Father does, the Son also does. For the Father loves the Son and shows him everything he is doing.”

### **John 3:34 NLT**

For he is sent by God. He speaks God's words, for God gives him the Spirit without limit.

### **Acts 10:38 NLT**

And you know that God anointed Jesus of Nazareth with the Holy Spirit and with power. Then Jesus went around doing good and healing all who were oppressed by the devil, for God was with him.

### **Luke 24:49 NLT**

“And now I will send the Holy Spirit, just as my Father promised. But stay here in the city until the Holy Spirit comes and fills you with power from heaven.”





## TALK ABOUT IT | Group Engagement

1. Read Luke 3:21-23. How did Jesus posture himself to experience the Holy Spirit, and how are you doing in posturing yourself to experience the Holy Spirit?
2. Read Luke 4:18-21. If you were one of the people in that synagogue, what would your reaction have been to this moment?
3. Read John 3:34. Name one step you can or will take to increase your own experience of receiving the Spirit without limit and why it will be good for you.
4. Read Acts 10:38. Share some examples of what it would look like for us, now, to “go around doing good” under the anointing of the Holy Spirit. Share any possible example you can think of!
5. Does the model of Jesus (casting out demons by the Spirit’s power) give you a sense of excitement or fear? Explain.
6. Read Luke 24:49. How does Jesus promise to send the Holy Spirit affect you?
7. How would your life, work, and ministry be different if you experienced more of the filling of the Spirit?

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### Prayer Time

For spiritual thirst in one another’s lives.

For increased experience of the refreshing river flow of the Holy Spirit.

For greater intimacy with the Father that leads to seeing what He’s doing and hearing His voice.

For whatever other needs there may be.







# RECEIVING REVELATION— PROPHETIC FLOW

*You're filled to flow in the prophetic!*

In this session, you will learn about the gifts oriented around receiving revelation. You'll discover how to get the downloads from Heaven that God may want to give you. You'll learn about the revelatory gifts of the Spirit (Prophecy, Vision, Word of Knowledge, Message of Wisdom, and Tongues), and how to begin to enjoy these gifts.

## Weekly Scriptures

### **1 Corinthians 12:1 NIV**

Now about the gifts of the Spirit, brothers and sisters, I do not want you to be uninformed

### **1 Corinthians 12:7-11 NIV**

Now to each one the manifestation of the Spirit is given for the common good. To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines.

### **1 Corinthians 14:12 NIV**

Since you are eager for gifts of the Spirit, try to excel in those that build up the church.

### **1 Corinthians 14:1**

Follow the way of love and eagerly desire gifts of the Spirit, especially prophecy.

### **1 Corinthians 14:1**

Follow the way of love and eagerly desire gifts of the Spirit, especially prophecy.

### **Romans 12:6 NLT**

In his grace, God has given us different gifts for doing certain things well. So if God has given you the ability to prophesy, speak out with as much faith as God has given you.

### **Joel 2:28-29 NIV**

I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both men and women, I will pour out my Spirit in those days.

**Acts 27:30-32 NIV**

In an attempt to escape from the ship, the sailors let the lifeboat down into the sea, pretending they were going to lower some anchors from the bow. Then Paul said to the centurion and the soldiers, “Unless these men stay with the ship, you cannot be saved.” So the soldiers cut the ropes that held the lifeboat and let it drift away.

**Acts 13:9-10 NIV**

Then Saul, who was also called Paul, filled with the Holy Spirit, looked straight at Elymas and said, 10 “You are a child of the devil and an enemy of everything that is right! You are full of all kinds of deceit and trickery. Will you never stop perverting the right ways of the Lord?”

**1 Corinthians 14:29-33**

Let two or three people prophesy, and let the others evaluate what is said. But if someone is prophesying and another person receives a revelation from the Lord, the one who is speaking must stop. In this way, all who prophesy will have a turn to speak, one after the other, so that everyone will learn and be encouraged. Remember that people who prophesy are in control of their spirit and can take turns. For God is not a God of disorder but of peace, as in all the meetings of God’s holy people.

**1 Timothy 4:14-15 NIV**

Do not neglect your gift, which was given you through prophecy when the body of elders laid their hands on you. Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress.

**1 Corinthians 14:3-5 NLT**

But one who prophesies strengthens others, encourages them, and comforts them. A person who speaks in tongues is strengthened personally, but one who speaks a word of prophecy strengthens the entire church. I wish you could all speak in tongues, but even more I wish you could all prophesy. For prophecy is greater than speaking in tongues, unless someone interprets what you are saying so that the whole church will be strengthened.

**Acts 10:9-13 NIV**

...Peter went up on the roof to pray. He became hungry and wanted something to eat, and while the meal was being prepared, he fell into a trance. He saw heaven opened and something like a large sheet being let down to earth by its four corners. It contained all kinds of four-footed animals, as well as reptiles and birds. Then a voice told him, “Get up, Peter. Kill and eat.”

**Daniel 2:19 NASB**

Then the secret was revealed to Daniel in a night vision. Then Daniel blessed the God of heaven

**Mark 2:8 NIV**

Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, “Why are you thinking these things?”

**John 1:47 NIV**

When Jesus saw Nathanael approaching, he said of him, “Here truly is an Israelite in whom there is no deceit.”

## TAKE IT IN | Bible Study Reflection

1. Discuss any highlights from the Sunday message.
2. Read 1 Corinthians 12:1, 1 Corinthians 12:7-11, and 1 Corinthians 14:12. In the big picture, what are the main purposes of the spiritual gifts, and who should use them?
3. Read 1 Corinthians 14:1, Romans 12:6, and 1 Corinthians 14:3-5. From the scriptures you've read, what kinds of things does the Holy Spirit accomplish through the gift of prophecy?
4. Why does prophecy, properly understood, hold so much value?
5. Read Joel 2:28-29. Why do you think God considers prophecy, dreams, and visions to be valuable, vital aspects of spiritual life?
6. Read Acts 10:9-13. What is the purpose or value of a vision in the prophetic flow? Have you personally found any action or posture to be helpful in seeking to receive a vision?
7. Read Mark 2:8 and John 1:47. The above scriptures are just two examples of Jesus flowing in Word of Knowledge. What kinds of purposes does the Word of Knowledge gift fulfill? Has anyone ever spoken a Word of Knowledge to you?
8. Acts 27:30-32 is an example of a Message of Wisdom. Share why a Spirit-given Message of Wisdom could be valuable. Have you ever received one or given one?
9. Read Acts 13:9-10. What is the value and purpose of the gift of discernment? What are some of the challenges or difficulties with discernment as a revelatory gift?
10. Read 1 Corinthians 14:29-33. Describe some of the ways the gift of prophecy functions, and some of the basic parameters, from all that you've learned in the scriptures above.
11. Read 1 Timothy 4:14-15. Has anyone ever laid hands on you so that you could receive an impartation of a spiritual gift? Share about that.

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# KINGDOM CLANDESTINE COMMUNICATIONS— TONGUES

## *You're filled to flow in the language of the Spirit!*

The experience of tongues can be a key part of your experience of the flow of the spirit. This session will give you a proper understanding of the full range of all that is “tongues,” and show you how to move toward engagement in this gift.

### **Weekly Scriptures**

#### **1 Corinthian 14:39-40 NIV**

Therefore, my brothers and sisters, be eager to prophesy, and do not forbid speaking in tongues. But everything should be done in a fitting and orderly way.

#### **Acts 2:1-4 NIV**

When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

#### **Acts 2:11b**

“—we hear them declaring the wonders of God in our own tongues!”

#### **Acts 2:5-13 NIV**

Now there were staying in Jerusalem God-fearing Jews from every nation under heaven. When they heard this sound, a crowd came together in bewilderment, because each one heard their own language being spoken. Utterly amazed, they asked: “Aren’t all these who are speaking Galileans? Then how is it that each of us hears them in our native language? Parthians, Medes and Elamites; residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya near Cyrene; visitors from Rome (both Jews and converts to Judaism); Cretans and Arabs—we hear them declaring the wonders of God in our own tongues!” Amazed and perplexed, they asked one another, “What does this mean?” Some, however, made fun of them and said, “They have had too much wine.”

**Need strength, encouragement, or a word from God? Sign up for a prophetic appointment! Our team is equipped and ready to partner with you to hear from God!**



**1 Corinthians 14:26-27 NIV**

What then shall we say, brothers and sisters? When you come together, each of you has a hymn, or a word of instruction, a revelation, a tongue or an interpretation. Everything must be done so that the church may be built up. If anyone speaks in a tongue, two—or at the most three—should speak, one at a time, and someone must interpret.

**1 Corinthians 14:28**

If there is no interpreter, the speaker should keep quiet in the church and speak to himself and to God.

**1 Corinthians 14:1-4 NIV**

Follow the way of love and eagerly desire gifts of the Spirit, especially prophecy. For anyone who speaks in a tongue does not speak to people but to God. Indeed, no one understands them; they utter mysteries by the Spirit. But the one who prophesies speaks to people for their strengthening, encouraging and comfort. Anyone who speaks in a tongue edifies themselves

**1 Corinthians 14:5 NIV**

I would like every one of you to speak in tongues

**1 Corinthians 14:15 NLT**

Well then, what shall I do? I will pray in the spirit, and I will also pray in words I understand. I will sing in the spirit, and I will also sing in words I understand.

**Ephesians 6:18 NIV**

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

**Jude 1:20-21 NIV**

But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life.







## TALK ABOUT IT | Group Engagement

1. Read 1 Corinthians 14:39-40. What did you think the first time you heard someone praying in tongues? What does tongues sound like to you?
2. Read Acts 2:5-13. Why do many believers tend to want to avoid an experience of the power of God and the gift of tongues? How have you wrestled with that tendency?
3. Read Ephesians 6:18. If you have been activated in this third gift of tongues, share what it means to you and what it does for you. If you have not been, share why you'd want this gift of tongues.
4. Which expression of tongues are you most drawn to?
5. Read Jude 1:20-21. What does it seem that the Holy Spirit is trying to accomplish through each of these three different expressions of tongues?

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### Prayer Time

For openness to the gift of tongues and repentance over cynicism about it.

For activation of the gift of tongues 3.

For activation of the gift of tongues 2.

For activation of the gift of interpretation of tongues 2; give it a try!

For whatever needs there may be among the group.



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# KINGDOM AUTHORITY

***You're filled to flow in Kingdom authority for breakthrough & healing!***

In this session, you will discover the authority you have because of your identity, and how to walk in it. This session will help you to grow in understanding of and empowerment in the demonstrative gifts of healing and miracles in and through the authority of Jesus. You'll learn why they are vital aspects of the Kingdom of God, and how to operate in them!

## **Weekly Scriptures**

### **John 13:3 NLT**

Jesus knew that the Father had given him authority over everything and that he had come from God and would return to God.

### **Matthew 11:27 NLT**

“My Father has entrusted everything to me. No one truly knows the Son except the Father, and no one truly knows the Father except the Son and those to whom the Son chooses to reveal him.”

### **Psalms 18:28-29 NLT**

You light a lamp for me. The Lord, my God, lights up my darkness. In your strength I can crush an army; with my God, I can scale any wall.

### **Colossians 3:13-14 NLT**

For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son, who purchased our freedom and forgave our sins.

### **1 Corinthians 4:20 NIV**

For the kingdom of God is not a matter of talk but of power.

### **Matthew 10:1**

Jesus called his twelve disciples together and gave them authority to cast out evil spirits and to heal every kind of disease and illness.

### **Matthew 10:5-8**

Jesus sent out the twelve apostles with these instructions: “Don't go to the Gentiles or the Samaritans, but only to the people of Israel—God's lost sheep. Go and announce to them that the Kingdom of Heaven is near. Heal the sick, raise the dead, cure those with leprosy, and cast out demons. Give as freely as you have received!

### **Matthew 10:7 NLT**

Go and announce to them that the Kingdom of Heaven is near. Heal the sick, raise the dead, cure those with leprosy, and cast out demons. Give as freely as you have received!

### **Matthew 6:9-10 NIV**

This then is how you should pray: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven.

**1 Corinthians 12:28 NLT**

Here are some of the parts God has appointed for the church: first are apostles, second are prophets, third are teachers, then those who do miracles, those who have the gift of healing, those who can help others, those who have the gift of leadership, those who speak in unknown languages.

**Acts 2:43 NLT**

A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders.

**Acts 9:40-41 NIV**

Peter sent them all out of the room; then he got down on his knees and prayed. Turning toward the dead woman, he said, “Tabitha, get up.” She opened her eyes, and seeing Peter she sat up. He took her by the hand and helped her to her feet. Then he called for the believers, especially the widows, and presented her to them alive.

**Psalms 103:1-3 NIV**

Praise the LORD, O my soul; all my inmost being, praise his holy name. Praise the LORD, O my soul, and forget not all his benefits— who forgives all your sins and heals all your diseases.

**1 Peter 2:24 NIV**

“He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds, you have been healed.”

**Ephesians 2:8 NIV**

For it is by grace you have been saved, through faith and this is not from yourselves, it is the gift of God

**Luke 4:38-39 NLT**

After leaving the synagogue that day, Jesus went to Simon’s home, where he found Simon’s mother-in-law very sick with a high fever. “Please heal her,” everyone begged. Standing at her bedside, he rebuked the fever, and it left her. And she got up at once and prepared a meal for them.

**Matthew 8:16-17 NLT**

That evening many demon-possessed people were brought to Jesus. He cast out the evil spirits with a simple command, and he healed all the sick. This fulfilled the word of the Lord through the prophet Isaiah, who said, “He took our sicknesses and removed our diseases.”

**James 5:14-15 NLT**

Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven.











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# DELIVER US FROM EVIL

## *You're filled to flow with power for deliverance!*

In this session, you'll see that when you're full in the Spirit, you're ready to face off the demonic realm—for your own freedom and on behalf of others. This session will help you discover how to flow in the Spirit's power to bring deliverance and freedom from evil demonic affliction and oppression.

## Weekly Scriptures

### **Revelation 12:10-11 NIV**

The great dragon was hurled down—that ancient serpent called the devil, or Satan, who leads the whole world astray. He was hurled to the earth, and his angels with him. Then I heard a loud voice in heaven say: "Now have come the salvation and the power and the kingdom of our God, and the authority of his Messiah. For the accuser of our brothers and sisters, who accuses them before our God day and night, has been hurled down. They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death.

### **Colossians 3:13-15 NLT**

You were dead because of your sins and because your sinful nature was not yet cut away. Then God made you alive with Christ, for he forgave all our sins. He canceled the record of the charges against us and took it away by nailing it to the cross. In this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his victory over them on the cross.

### **Ephesians 6:12-13 NLT**

For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle, you will still be standing firm.

### **James 4:7 NLT**

So humble yourselves before God. Resist the devil, and he will flee from you.

### **Matthew 16:18-20 NIV**

And I tell you that you are Peter, and on this rock, I will build my church, and the gates of Hades will not overcome it. I will give you the keys of the kingdom of heaven; whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he ordered his disciples not to tell anyone that he was the Messiah.

**If you have struggled with emotional wounds, spiritual darkness, distortions about God, or other things that are holding you back from experiencing God's love, freedom, healing, and deliverance, sign up for a Freedom Prayer session!**



### **Matthew 10:1 NIV**

Jesus called his twelve disciples together and gave them authority to cast out evil spirits and to heal every kind of disease and illness.

### **Mark 1:23-26 NLT**

Suddenly, a man in the synagogue who was possessed by an evil[h] spirit cried out, "Why are you interfering with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" But Jesus reprimanded him. "Be quiet! Come out of the man," he ordered. At that, the evil spirit screamed, threw the man into a convulsion, and then came out of him. Amazement gripped the audience, and they began to discuss what had happened. "What sort of new teaching is this?" they asked excitedly. "It has such authority! Even evil spirits obey his orders!"

### **2 Corinthians 10:3-5 NIV**

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary,

they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

### **Ephesians 6:13-17 NIV**

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.



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## TALK ABOUT IT | Group Engagement

1. Discuss any highlights from the Sunday message. What would be one “evil” in the world you’d love to see get defeated and diminished?
2. Read Ephesians 6:12–13. Share how you’ve personally experienced demonic affliction, oppression, possession, or attack, or have you seen it in someone else?
3. Read James 4:7. How would you rate your level of resistance at this time?
4. Read Matthew 16:18–20. Have you ever engaged in the binding of an evil spirit, and what was the result?
5. Read Matthew 10:1. How does Jesus expect His disciples (and us) to respond to the problem of evil and the problem of demons?
6. Read 2 Corinthians 10:3–5. Share your own experience of breaking free from strongholds the enemy has had in your life.
7. Share about a time you have helped someone else tear down a demonic stronghold.
8. Read Ephesians 6:13–17. How does this spiritual armor help you?
9. Choose one item of the armor and describe how it could help you if you would use it more regularly.

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### Prayer Time

For confidence and fearlessness in dealing with demonic darkness.

For courage to be willing to serve Jesus by flowing in deliverance ministry.

For discernment about where there may be something demonic that needs to be shut down.

For love and tact to approach the engagement of deliverance ministry.

For whatever other needs the group may have.

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# KINGDOM CHARACTER

## ***You're filled to flow in the fruit of the Holy Spirit!***

If you're filled with the Spirit, the flesh gets defeated, and the fruit of the Spirit grows! This session will deepen your conviction about the importance of character and integrity. You'll learn to cultivate a holy life where the fruit of the Spirit grows and becomes more evident in and through the choices you make!

*\*This session corresponds with chapter 8 in the Filled to Flow book.*

## **Weekly Scriptures**

### **Galatians 5:22-23 NIV**

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

### **Galatians 5:16 NIV**

So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

### **Romans 8:13-14 NIV**

For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live. For those who are led by the Spirit of God are the children of God.

### **Ephesians 4:30 NLT**

And do not bring sorrow to God's Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption.

### **1 Thessalonians 5:23 NLT**

Now may the God of peace make you holy in every way, and may your whole spirit and soul and body

be kept blameless until our Lord Jesus Christ comes again.

### **Psalms 29:20-21 NLT**

Do not let me be disgraced, for in you I take refuge. May integrity and honesty protect me, for I put my hope in you.

### **Psalms 51:10-12 NLT**

Create in me a clean heart, O God. Renew a loyal spirit within me. Do not banish me from your presence, and don't take your Holy Spirit[a] from me. Restore to me the joy of your salvation, and make me willing to obey you.

### **1 Peter 1:13-16 NLT**

So prepare your minds for action and exercise self-control. Put all your hope in the gracious salvation that will come to you when Jesus Christ is revealed to the world. So you must live as God's obedient children. Don't slip back into your old ways of living to satisfy your own desires. You didn't know any better then. But now you must be holy in everything you do, just as God who

**We'd love to hear how God moved in your life these last 7 weeks! Email us your story at [groups@centerpointmurrieta.com](mailto:groups@centerpointmurrieta.com) so we can celebrate all of the powerful and transforming God stories!**



chose you is holy. For the Scriptures say, "You must be holy because I am holy."

**Proverbs 28:13 NIV**

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.

Acts 3:19-20 NLT

Now repent of your sins and turn to God, so that your sins may be wiped away. Then times of refreshment will come from the presence of the Lord, and he will again send you Jesus, your appointed Messiah.

**Revelation 3:19**

Those whom I love I rebuke and discipline. So be earnest and repent.

**John 4:24 NLT**

For God is Spirit, so those who worship him must worship in spirit and in truth."

**Ephesians 5:18-20 NLT**

Don't be drunk with wine, because

that will ruin your life. Instead, be filled with the Holy Spirit, singing psalms and hymns and spiritual songs among yourselves and making music to the Lord in your hearts. And give thanks for everything to God the Father in the name of our Lord Jesus Christ.



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